



# SORRENTO PRIMARY SCHOOL

## *Sun Smart Policy*

### **RATIONALE**

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school. The Sun Smart Policy has been developed to ensure that Sorrento Primary School have measures in place to protect our students from the harmful rays of the sun. It will be implemented throughout the year, with extra vigilance in terms 1 and 4.

### **AIMS:**

- To educate students as to suitable sun-smart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

### **GUIDELINES AND PROCEDURES**

#### **A. As a part of general Sun Smart Strategies:**

1. All children are required to wear sun smart hats, which protect the face, neck, and ears whenever they are outside (legionnaire or broad-brimmed).
2. Children who do not have hats with them will be asked to play in an area protected from the sun or indoors (NO HAT - NO PLAY).
3. Children will be encouraged to use available areas of shade for outdoor play activities.
4. Staff will act as role models by:
  - wearing appropriate hats and clothing outdoors
  - seeking shade whenever possible.
5. All parents are responsible for applying SPF 30+ to their child, during the summer months and daylight saving months.
6. Teaching about skin and ways to protect skin from the sun will be incorporated into the curriculum and programmed activities.
7. The Sun Smart policy will be reinforced in a positive way throughout the year
8. Require staff and students to wear a swim (rash) top for outdoor swimming events and other outdoor events (eg bathers outside to wash down chairs end of year, fun picnic days etc)
9. Use shaded areas for above events where possible.
10. Ensure that adequate shade is provided at sporting carnivals and outdoor events.
11. Management will review the sun smart policy on an annual basis and revise the policy as required.

#### **B. When enrolling their child, parents will be:**

1. Informed of the sun smart policy.
2. Asked to provide a suitable hat for their child's use.
3. Encouraged to practise sun smart behaviours themselves.

Reviewed: Feb 2017